



**energy4me**

[energy4me.org](http://energy4me.org)

Presented by  
**Society of Petroleum Engineers**

# smart energy choices

## at home

- ✓ Plant shade trees around your home
- ✓ Don't overuse the heater or air conditioner
- ✓ Use warm or cold water instead of hot
- ✓ Don't run the dishwasher unless it's full
- ✓ Turn off lights and electronics when not in use

## on the road

- ✓ Go the speed limit
- ✓ Remove unnecessary cargo
- ✓ Park the car and go inside; don't use the drive-through
- ✓ Use cruise control
- ✓ Car pool, ride your bike, or use mass transit

## at the store

- ✓ Buy local foods
- ✓ Choose recycled products
- ✓ Get reusable containers
- ✓ Select minimally packaged goods